

# Lifeline: A "Side Trip" and an Interdimensional Experiment

*by Theresa Brown*

Participation in the TMI Lifeline program, which is designed to extend assistance to those who have exited physical reality, tends to be fraught with surprises. Nevertheless, Theresa Brown was shocked to find herself cast as a principal in an experiment on the "other side." She describes the occurrence, which she handled with aplomb, in this narrative. Theresa is also an active member of the Dolphin Energy Club.

My Lifeline in February, 1993, was remarkably successful. In every Focus level I had virtual out-of-body experiences and was able to clearly perceive different environments. I literally "toured" the belief systems areas, Focus levels 24 to 26, and visited with four "dead" friends and relatives in Focus 27, as well as retrieving four people from Focus 23.

Throughout Lifeline, I sensed the participation of nonphysical guides whose agenda often differed from that of the planned program. The situation was similar to being on a cruise that was scheduled to visit certain ports on certain dates and finding that the ship made unexpected stops along the way. For instance, during an early exercise to explore Focus 23, my guide quite unexpectedly took me to Focus 24, where I found myself inside what appeared to be a subterranean cavern. These "side trips" were complete surprises. For me, the entire Lifeline experience proved to be an exciting adventure, full of unpredictable encounters. At the same time, there was always a sense of complete security. The comforting presence of my guide was a constant, and I never lost contact with my body in my CHEC unit, even though my conscious focus was often entirely in another dimension.

One particular "side trip" illustrates how Lifeline provides an opportunity for cooperation between the physical and nonphysical dimensions. This incident took place during a final exercise late in the week. The entire group was directed to return to Focus 27 and then to move down to 23 in order to retrieve someone from that dark region. We were to do this without using a tape. I had no difficulty in reaching Focus 27. Once there, my guide informed me that we would be moving to Focus 25 instead of 23. At that point this did not seem at all strange-- such changes had already occurred several times. On this occasion, I was aware of my own guide, who went by the name Archimedes, and another invisible, unknown presence. This was the first time a second entity had been introduced.

We swiftly went to level 25, in the midst of the belief-system area, and entered a church there. It was a small, simple building without windows or any sort of decoration. Six parishioners were inside, all men. The building seemed just large enough to contain them comfortably.

I asked my guide what to do there, and he told me that I was going to be the speaker on this occasion. I felt, to put it mildly, on the spot!

"What am I supposed to talk about?" I asked.

"The words will come to you when you begin to speak," was the response.

This did not increase my confidence.

Feeling anxious, I moved toward the front of the church. There was a step there and a lectern. So upon turning around, I was looking down on the congregation. They looked up at me with interest, some sitting and some standing.

Afterward I recalled saying, "I am existing right now in two realities at once. In one I have a physical body, and here, I am as a thought-form." These words quite simply popped into my head the instant before they were communicated. All communication was, of course, telepathic.

At that point, one of the parishioners questioned my presence there. Actually, he "spoke" to the others, saying, "How can she be here, if she doesn't believe in the tenets of our church?"

I answered, "I don't know about the tenets of your church, but if I am able to exist in two realities at once, perhaps you can do the same."

The man who had spoken first then said, "Don't you think this casts some doubt on what we believe to be true?" He emphasized the word "doubt." The others were becoming puzzled and even alarmed by the entire sequence of events.

With the audience in this state of consternation, my guide and I left. I guessed that the speaker was actually a guide for the others and was trying to lead them to a higher Focus level. The whole episode seemed to have been an experiment in using a Lifeline participant to retrieve people from belief-system areas. It had been planned and carried out by individuals in the nonphysical dimension. My guide then returned me to Focus 23. I looked around for a while but found no one to retrieve. I returned to waking consciousness with a feeling of having accomplished what needed to be done.

This episode clarified how the Lifeline program offers opportunities for cooperation between the physical and nonphysical dimensions. Experimentation is going on here and also there. I felt that the nonphysical beings with whom I interacted in this particular instance were exploring new ways to use Lifeline to accomplish the retrieval of souls.

Was the experiment a success? Did the members of that small church move upward? I haven't heard. When I attend Lifeline again in October, 1994, I will definitely ask!